

REDUCING STRESS IN THE WORKPLACE



Trumbull County
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American Job Center network

Preparing for a career can be stressful. You may even feel anxious and overwhelmed when faced with the decision of choosing a career path. This anxiety can be caused by a variety of factors, including the fear of failure, the fear of making the wrong decision, and the pressure to succeed.

Join OhioMeansJobs Trumbull County and Mercy Health for this webinar to learn ways to cope with stress in the workplace and during your career search.

Wednesday, March 20th

10:00 AM

280 N Park Ave

Warren, OH 44481

**For more information
please call: (330) 675-2179**

In partnership with:

